

Ancient Tradition of Clay Therapies

Since ancient times, many cultures have known the unique therapeutic properties of this clay and have used it for both internal and external disorders.

Pliny 29- 79 A.D.; A Roman Naturopath, in his work 'Natural History', wrote about the amazing medicinal properties of a special type of clay found in the hills around Naples.

Galen 130- 200 A.D.; A Greek physician and philosopher, traveled to the Island of Limnos to study the virtues of clay after learning that the inhabitants used it for many internal and external disorders.

Hippocrates 460?- 370 B.C.; A Greek physician, called 'The Father of Medicine', included in his inventory of medicines a place for clay, as he used it often

Military Uses

During WWI, Russian soldiers received 200 grams of clay with their meals as a preventive measure.

In several French regiments, clay was added to mustard, creating an efficient remedy against dysentery.

Today

We assume that the ancient cultures used clay for lack of more effective medicines. However, the therapeutic use of clay is resurging today due to the deficiencies and contradictions found in modern medicine. Medical Doctors and Naturopathic Practitioners are contributing to the revival of Geotherapy. The therapeutic use of clay has spread throughout France to the point that it is no longer possible to deny its regenerative properties.